

Part 1: Quick Introduction

Traumatic Brain Injury (TBI)

A blow or jolt to the head or penetrating head injury that disrupts the function of the brain.

Different levels

- Mild to Severe
- Concussion = _____ form of traumatic brain injury

Causes of TBI:

- _____ accident
- Falling down
- Explosions
- Sports
- Violence

The Science Behind TBI

Car accident example

- First, the brain is thrown up against front of _____.
- Then the head snaps back and the _____ is thrown against back of skull.

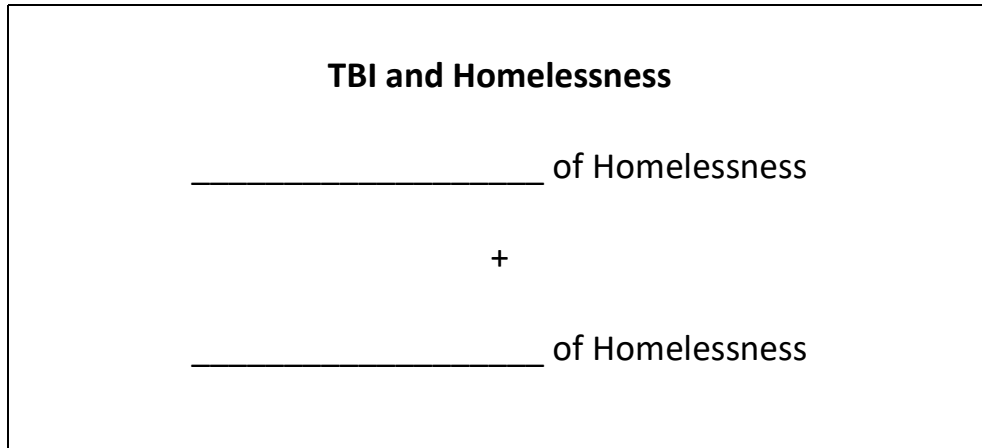
The brain gets lesions. The placement of lesions determines the symptoms/problems:

- Front (prefrontal cortex) = _____ regulation and self-_____.
- Left side = _____ problems.
- Right side = _____ problems.

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How common is TBI?

- _____% of general population
- _____% of homeless population



Part 2: Empathy

TBI is an “_____ injury”

Wrong way to use this information



I can

people now!

Right way to use this information



I am aware of issues
people _____
be facing.
I can adapt my
_____.

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Big list of problems from TBI:

- Memory loss
- Concentration problems
- Apathy
- Depression
- Anxiety
- Mood disorders
- Drug or alcohol abuse
- Mania
- Obsessive compulsive disorder
- Psychotic disorder
- Fatigue
- Seizures
- Suicide

Two big red flags:

- 1) “Emotional Lability” = rapid and extreme fluctuations of _____ for no apparent reason.
- 2) Inability to complete simple _____.

Problems related to behavior:

WARNING

*Every issue comes on a spectrum.
Some people more affected than others.
Not every person has every symptom.*

- 1) Lowers comprehension of rules:

- _____ rules
- _____ rules

Example: If you want something, use polite language to request it.

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2) Reduced capacity for empathy

Especially:

- “ _____ empathy” = To feel the emotion that another person feels

(Related to emotional contagion and mirror neurons)
- “ _____ taking” = seeing the the world through the lens of another person

3) Communication problems:

- Trouble following _____
- Long _____
- Talking too _____ or too _____
- Not letting the other person _____
- Poor nonverbal skills:
 - Close-talking
 - Poor _____ contact
 - Staring
 - Uncomfortable _____ contact
 - Incongruent _____ language

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4) Disinhibition

- “The inability to suppress an action or verbalization when it is _____ at that time.” (“Impulsivity”)
- Signs of disinhibition:
 - “Immature” / “Insensitive” / “Childish”
 - Vulgar, _____ language and jokes
 - Others say, “that person has no _____.”

5) Increased aggression

- Increased _____ aggression
- Increased _____ aggression

WARNING

I am not saying that people suffering
from TBI are inherently violent.

Most are NOT.

Bonus problem:

6) Lack of awareness

Individuals with TBI often lack awareness of their cognitive deficits or problematic behavior.

Part 3: Tools

Tool: Eye Contact

Good eye contact is extra important, especially:

- 1) Beginning of the _____.
- 2) When they lose _____.

Tool: The Timer

DO NOT:

- _____ down.
- Remind of _____ left over and over.

The pressure overwhelms the _____.

Tool: Baby Steps

Break requests into _____.

Focus on _____ at a time.

Tool: The Sleepy Friend

Talk like you would to a friend who just woke up.

NO

YES

1) _____

1) Simple _____

2) Like a _____

2) Short _____

Tool: The Staff Swap

If one staff member is _____ with an individual, ask that staff to enforce rules.

But...

Also have that staff member _____ others what works.

Tool: The Pavlov

People repeat behavior that you _____.

Situation 1

Situation 2

Part 1: Ignore if _____ the rules

Part 1: Enforce rules if person is _____.

Part 2: Engage if _____ the rules

Part 2: Get frustrated, give up if _____.

Results: Follow rules = _____

Results: Quiet = _____

Break rules = _____ Lonely

Loud = _____ Rules.

Part 5: Next Month's Webinar

Q&A with Ryan (Part 2)

Thursday, June 4, 2020

(11am Pacific) (noon Mountain) (1pm Central) (2pm Eastern)

The webinar I had prepared for June was supposed to be a guided discussion for organizations to discuss their rules and policies. Given social distancing guidelines, that one will have to wait.

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